



General Anesthesia in an Outpatient Surgery Center

General Anesthesia is recommended for our patients that have a high level of anxiety, very young children, children with special needs, and patients that could not complete treatment under conscious sedation. General anesthesia renders your child completely asleep. This would be the same as if he/she was having their tonsils removed or ear tubes placed. This is only preformed in an outpatient setting.

BEFORE THE APPOINTMENT:

1. Nothing to eat or drink after midnight the day prior to your scheduled appointment. It is very important that this guideline is followed. If they are not followed, your child will not be treated and the appointment will have to be rescheduled.
2. A parent or legal guardian must accompany the child to the hospital appointment and remain in the surgical site waiting room during the procedure.
3. Dress your child in loose fitting, comfortable clothing.
4. Bring a bag for your child's belongings, as a hospital gown will be worn during the procedure.
5. If your child regularly takes a medication in the morning, it is best to hold off in giving unless otherwise instructed.
6. Every patient is evaluated by our anesthesiologist the day of surgery.

AFTER THE APPOINTMENT:

1. Your child will probably be sleepy or acting groggy. Don't be surprised if your child wants to take a nap for several hours, just make sure you child rests on his/her side or back and is closely monitored by an adult for the rest of the day.
2. Activities should be limited to watching TV, playing quietly with toys inside and resting.
3. Your child should not return to school or daycare today. He/she needs to be under close parental supervision.
4. Do not plan or permit activities for your child after treatment. Your child's activities should be limited and supervised today. This means no running, bicycling riding, roller skating, swinging on a swing, swimming at the pool or playing at the play ground.
5. Your child may experience some nausea. If so, please allow only sips of clear liquids (Gatorade and Pedialite) followed by softer foods. Please do not give heavy foods (hamburgers or pizza) to start with.
6. As soon as you get home, you may give your child Motrin or Tylenol for pain.
7. A stronger prescription medication for pain will be given to you by Dr. Ochoa/ Dr. Gonzales the day of surgery.
8. Your child's mouth, lips and tongue may be numb. This numbness last for up to 2 hours, so please monitor that .

PLEASE BE ADVISED THAT A 72 HOUR NOTICE FOR CANCELLATION IS REQUIRED TO BEST UTILIZE OUR TIME WITH ALL PATIENTS.