



210-679-4747

CONSCIOUS SEDATION

Sedation is recommended for our patients who have a moderate level of anxiety. The sedation medication helps to promote cooperation and relaxation during dental treatment. The sedation medication will not put your child to sleep, but will help your child so that treatment can be completed.

BEFORE THE APPOINTMENT

1. Nothing to eat or drink after midnight the day prior to your scheduled appointment. It is very important that this guideline is followed. If they are not followed, your child will not be sedated and the appointment will have to be rescheduled.
2. A parent or legal guardian must accompany the child to the sedation appointment.
3. Dress your child in loose fitting, comfortable clothing.
4. We provide a child-size quilt for your child during treatment but you are welcome to bring your own.
5. If your child regularly takes a medication in the morning, it can usually wait unless otherwise directed by Dr. Ochoa or Dr. Gonzales.

AFTER THE APPOINTMENT

1. Your child will probably be sleepy or acting groggy. Don't be surprised if your child wants to take a nap for several hours, just make sure your child rests on his/her side or back and is closely monitored by an adult for the rest of the day.
2. Activities should be limited to watching TV, playing quietly with toys inside and resting.
3. Your child should not return to school or daycare today. He/she needs to be under close parental supervision.
4. Do not plan or permit activities for your child after treatment. Your child's activities should be limited and supervised today. This means no running, bicycling riding, roller skating, skating, swinging on a swing, swimming at the pool or playing at the playground.
5. Your child may experience some nausea. If so, please allow only sips or clear liquids (Gatorade and Pedialite) followed by softer foods. Please do not give heavy foods (hamburgers or pizza) to start with.
6. As soon as you get home, you may give your child Motrin or Tylenol for pain.
7. Your child's mouth, lips and tongue may be numb. This numbness last for up to 2 hours, so please monitor the patient to avoid them biting his/her self.

OUR OFFICE PROVIDES SEDATION TREATMENT FOR OUR PATIENTS THAT REQUIRE SPECIAL TREATMENT. THEREFORE THESE APPOINTMENTS ARE SCHEDULED IN ADVANCE AND ABSORB A CONSIDERABLE AMOUNT OF TIME.

PLEASE BE ADVISED THAT A 72 HOUR NOTICE FOR CANCELLATIONS IS REQUIRED TO BEST UTILIZE OUR TIME WITH ALL PATIENTS.